

## **The 37th All Japan Triathlon Miyakojima** **Important Notice from the Strongman Office**

- Please advise your registration number on any inquiries.
- Registration on April 13th and 14th, 2023 is NOT allowed for any reason. Make sure that you arrange your flights and accommodations according to the Strongman schedule. No substitute is allowed for your registration, as we confirm you with your photo ID.

Please be sure to contact us in case of delays due to public transportation. If you any contact, we will not be able to accept your reception.

- To prevent any confusion, please follow the official Strongman schedule.
- The Strongman Textbook will be published on the web.

### **◆ Return Required Documents ◆**

#### **① Participation waiver (if you decide to waive your entry)**

Please fax or mail by January 27th 2023.

### **◆ Procedure for waiving participation ◆**

Strongman office will return your entry fee subtracting ¥1,000 ( Transaction fee ) only for those who submit participation waiver form by Friday, January 27th 2023 .  
( postmark of the date is valid )

We will not refund your entry fee after. May 2023.

#### **Strongman Office**

1140 Nishizato, Hirara, Miyakojima city,  
Okinawa, 906-8501, Japan

Fax: +81980-73-5801

E-mail: [triathlo@miyako-ma.jp](mailto:triathlo@miyako-ma.jp)

# Participation Waiver

I hereby waive my participation in Strongman 2023

RegistrationNO	ML	Race NO. ( If you have it )	No.
Name			
Reson (Must fill in)			

Bank for Refund

Your Bank				
	Name of bank	Bank		Branch
	Account		Account NO	
	Name			

✘We will not refund your participation fee after January 27th 2023. You will be charged any transaction fees involving your refund.

✘If you have not transferred your participation fee, you don't need to fill in this form

Date \_\_\_\_\_

Address \_\_\_\_\_

Name \_\_\_\_\_

<p>Strongman Office          1140 Nishizato, Hirara, Miyakojima city, Okinawa,          Japan 906-8501          TEL: 0980-73-1046 FAX:0980-73-5801          Email: triathlo@miyako-ma.jp</p>
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大会公式スケジュール/Race Week Schedule

第37回全日本トライアスロン宮古島大会/2023  
STRONGMAN

4/13(木) April 13(Thursday) 13:00~17:00	選手登録受付 (JTAドーム宮古島) Athlete Registration (JTA Dome Miyakojima)
4/14(金) April 14(Friday) 9:00~18:00	選手登録受付 (JTAドーム宮古島) Athlete Registration (JTA Dome Miyakojima)
4/15(土) April 15(Saturday) 13:00~16:00	バイク預託 (宮古島東急ホテル&リゾート) Bike Check-in (Miyakojima Tokyu Hotel& Resorts)
4/16(日) April 16(Sunday) 5:00~6:15 5:30~ 6:10~6:50 7:00~ 18:30 14:00~21:00	大会当日 着替え袋預かり (宮古島東急ホテル&リゾート) Changing Bags Deposit (Miyakojima Tokyu Hotel& Resorts) 競技実施検討委員会 Directors' Meeting on Weather Conditions スイム チェックイン (スイムスタートゾーン) Swim Check-In (Swim Start Zone) 競技開始 (宮古島東急ホテル&リゾート) Race Start! (Miyakojima Tokyu Hotel& Resorts) 競技終了 (宮古島市陸上競技場) Race Finish! (Miyakojima City Field) ■制限時間 スイム/ 7:00 ~ 8:50 バイク/ ~ 14:00 ラン/ ~ 18:30 ■Cut-Off Times Swim/ 7:00 ~ 8:50 Bike/ ~ 14:00 Run / ~ 18:30 バイク引き渡し (バイクフィニッシュ地点) Bike Pick-up (Bike-Finish Area)
4/19(月) April 19(Monday) 8:30~11:00	バイク引き渡し (バイクフィニッシュ地点) Bike Pick-up (Bike-Finish Area)

(公式日程は、変更になる場合がございますので、ご理解のほど宜しくお願いいたします。)